

# Mean deformation metrics for quantifying 3D cell–matrix interactions without requiring information about matrix material properties

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**Mechanobiology relates cellular processes to mechanical signals, such as determining the effect of variations in matrix stiffness with cell tractions. Cell traction recorded via traction force microscopy (TFM) commonly takes place on materials such as polyacrylamide- and polyethylene glycol-based gels. Such experiments remain limited in physiological relevance because cells natively migrate within complex tissue microenvironments that are spatially heterogeneous and hierarchical. Yet, TFM requires determination of the matrix constitutive law (stress–strain relationship), which is not always readily available. In addition, the currently achievable displacement resolution limits the accuracy of TFM for relatively small cells. To overcome these limitations, and increase the physiological relevance of in vitro experimental design, we present a new approach and a set of associated biomechanical signatures that are based purely on measurements of the matrix’s displacements without requiring any knowledge of its constitutive laws. We show that our mean deformation metrics (MDM) approach can provide significant biophysical information without the need to explicitly determine cell tractions. In the process of demonstrating the use of our MDM approach, we succeeded in expanding the capability of our displacement measurement technique such that it can now measure the 3D deformations around relatively small cells (~10 micrometers), such as neutrophils. Furthermore, we also report previously unseen deformation patterns generated by motile neutrophils in 3D collagen gels.**

traction force microscopy | confocal microscopy | large deformations | neutrophil

**M**echanical cues within the cellular microenvironment regulate numerous fundamental functions including cell adhesion, deformation, and generation of traction (1–6). Analysis of cellular force generation, and its role in regulating homeostasis across a variety of cellular phenotypes and experimental platforms, has received much attention over the last three decades (7–13). Experimental quantification of cellular forces has produced several cell traction measurement techniques, ranging from surface wrinkle detection and flexure of micropillars to traction force microscopy (TFM) (12, 14–20). In TFM, measured cell-induced displacements are converted into tractions using various mathematical frameworks (14, 15, 17, 18, 21, 22). Both two- and 3D TFM techniques have steadily increased in sophistication and now feature high-spatial displacement resolution and advanced computational formalisms to connect this displacement information to complex material constitutive laws (17, 23, 24).

To successfully perform TFM, it is critical to know the stress–strain constitutive behavior of the matrix surrounding the cell. Although many TFM substrates feature relatively simple artificial gel constructs, such as polyacrylamide and polyethylene glycol, these constructs are impenetrable by cells and obviate measures obtained while cells are in a 3D setting (as would be the case within

a bodily tissue). Most physiologically important matrices have complicated, hierarchical microstructures and tend to be spatially heterogeneous. In addition, many cells apply significant forces leading to large matrix deformations that require more complicated, nonlinear constitutive laws for accurate calculation (17, 24–28). Moreover, to generate a quantitative map of tractions exerted by a moving cell, the mechanical properties of the surrounding matrix must be resolved at the cellular level. Taken together, significant experimental challenges exist for accurately deducing the microconstitutive laws for many physiologically realistic matrices and, by extension, the ability to map tractions onto small cells is lacking. Furthermore, and perhaps most importantly, many cells are known to actively remodel the matrix as they move through it. As a result, the constitutive laws are constantly evolving, making a one-time measurement of the matrix material properties insufficient for accurate determination of cell tractions in real time.

To circumvent this fundamental hurdle of requiring a material’s constitutive law, we present an alternate, kinematics-based quantification method that correlates cellular deformations to biological function. Based solely on the displacement field in the surrounding matrix, we define tensor-valued mean deformation metrics (MDM) that quantify the overall shape change of the cell

## Significance

**Investigations in mechanobiology rely on correlation of cellular processes with mechanical signals, such as matrix stiffness and cell tractions. Almost all cell traction and force quantification methodologies require knowledge of the underlying mechanical properties of the extracellular matrix to convert displacement data into corresponding traction data, which restricts the use of these techniques to systems in which the material properties are known. To overcome this hurdle, we present a new approach that does not require any knowledge of the underlying matrix properties but rather makes use of the intrinsically recorded kinematic displacement data. Through rigorous validation and an application to a neutrophil disease model, we show that such an approach produces both accurate and biologically significant information.**

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(e.g., contractility, mean volume change, and rotation). Because of its kinematic nature, the mean deformation metric approach does not aim to provide any information about the cell tractions. Rather, the approach should be viewed as a distinct, immediately applicable methodology complementary to TFM for investigations in which the material properties of the extracellular matrix are unknown.

Thus, the mean deformation metric approach provides a significant advantage to laboratories and investigators who may not have the means to conduct sophisticated material characterization measurements at cellular length scales. The method is also well-suited for studies using primary cells for which fluorescent transfection approaches, such as in the use of FRET-based force sensors (29), are not applicable.

We present the formulation of the MDM and validate our technique using well-established analytical solutions, demonstrating our technique is accurate to within 1%. Next, we apply our MDM approach to analyze neutrophil-generated collagen matrix displacement fields obtained using confocal microscopy and fast iterative digital volume correlation (FIDVC) (30). In the process of demonstrating the MDM approach, we solved the challenging problem of resolving local displacements around neutrophils (which are only 10  $\mu\text{m}$  in size) with submicron resolution, and subsequently revealed previously unknown deformation patterns during the migration of neutrophils through a 3D collagen matrix.

### MDM

The motion and the deformation of the cell and the surrounding matrix are described using the framework of continuum mechanics as

$$\mathbf{x}(X, t) = \mathbf{u}(X, t) + X, \quad [1]$$

where  $X$  is the particle's position vector in the cell's initial or reference configuration,  $\mathbf{x}$  is its position vector at time  $t$ , and  $\mathbf{u}$  is the vector-valued displacement field.

The shape and size changes (strain measures) of infinitesimal material volume, surface, and line elements containing the particle  $X$  can be determined using the deformation gradient tensor

$$\mathbf{F}(X, t) = \nabla \mathbf{x}(X, t), \quad [2]$$

where the operator  $\nabla$  gives the gradient of a vector-valued function with respect to  $X$ . Considering the highly heterogeneous and complicated nature of the cell, it is unlikely that  $\mathbf{F}$  will be well-defined at each of the cell's material points. Consequently, we define a mean deformation gradient tensor,  $\langle \mathbf{F} \rangle$ , for the entire cell as

$$\langle \mathbf{F} \rangle := \frac{1}{\text{vol}(V_0)} \int_{V_0} \mathbf{F} dV, \quad [3]$$

where  $dV$  is an infinitesimal volume element of the cell in its reference configuration  $V_0$  and  $\text{vol}(V_0)$  is the volume of  $V_0$ . We believe that  $\langle \mathbf{F} \rangle$ , which is defined for the entire cell, is more meaningful than  $\mathbf{F}$ , which is defined pointwise. Mean deformation gradient tensors, defined in a way similar to ours, were used by Hill (31) in the development of theories of effective mechanical behavior of heterogeneous media, such as polycrystals and composites.

The quantity  $\langle \mathbf{F} \rangle$  is a very useful metric for understanding the cell's overall deformation. An important advantage of using  $\langle \mathbf{F} \rangle$  is that it can be computed solely from the displacements of the cell's surface points. Specifically, it can be shown using the divergence theorem that

$$\langle \mathbf{F} \rangle = \frac{1}{\text{vol}(V_0)} \int_{\partial V_0} \mathbf{x} \otimes \mathbf{n} dA, \quad [4]$$

where  $\partial V_0$  is the boundary of  $V_0$ ,  $dA$  is an infinitesimal element of  $\partial V_0$ ,  $\mathbf{n}$  is the unit vector normal to  $dA$ , and the symbol  $\otimes$

denotes the dyadic product. For computing  $\langle \mathbf{F} \rangle$  using Eq. 4, we approximate the position vectors of the cell's surface points using the position vectors of their nearby matrix points.

Analogous to  $\langle \mathbf{F} \rangle$ , we define the mean displacement gradient  $\langle \nabla \mathbf{u} \rangle$  as

$$\langle \nabla \mathbf{u} \rangle := \frac{1}{\text{vol}(V_0)} \int_{V_0} \nabla \mathbf{u} dV, \quad [5]$$

$$\langle \nabla \mathbf{u} \rangle = \frac{1}{\text{vol}(V_0)} \int_{\partial V_0} \mathbf{u} \otimes \mathbf{n} dA. \quad [6]$$

It follows from Eqs. 3 and 5 that the mean deformation and displacement gradients are related as

$$\langle \mathbf{F} \rangle = \mathbf{I} + \langle \nabla \mathbf{u} \rangle. \quad [7]$$

Once  $\langle \mathbf{F} \rangle$  is determined, standard continuum mechanics calculations provide the mean compressibility, contractility, and rotation of the cell. The determinant of  $\langle \mathbf{F} \rangle$ , written as  $\det \langle \mathbf{F} \rangle = \langle J \rangle$ , is a measure of the mean compressibility, or volume change ratio, of the cell. Using the polar decomposition theorem  $\langle \mathbf{F} \rangle$  can be written as  $\langle \mathbf{F} \rangle = \langle \mathbf{R} \rangle \langle \mathbf{U} \rangle$ , where  $\langle \mathbf{R} \rangle$  is a proper orthogonal tensor and  $\langle \mathbf{U} \rangle$  is a symmetric, positive-definite tensor. The tensors  $\langle \mathbf{R} \rangle$  and  $\langle \mathbf{U} \rangle$  can be termed the mean rotation and mean right stretch tensor, respectively.

The contractility (stretch or compression) of the cell in these primary directions is given by the eigenvalues of  $\langle \mathbf{U} \rangle$ , denoted as  $\langle \lambda_i \rangle$ ,  $i = 1, 2, 3$ . The mean rotation of the cell  $\langle \theta \rangle$  is computed as

$$\cos \langle \theta \rangle = \frac{\text{tr}(\langle \mathbf{R} \rangle) - 1}{2}, \quad [8]$$

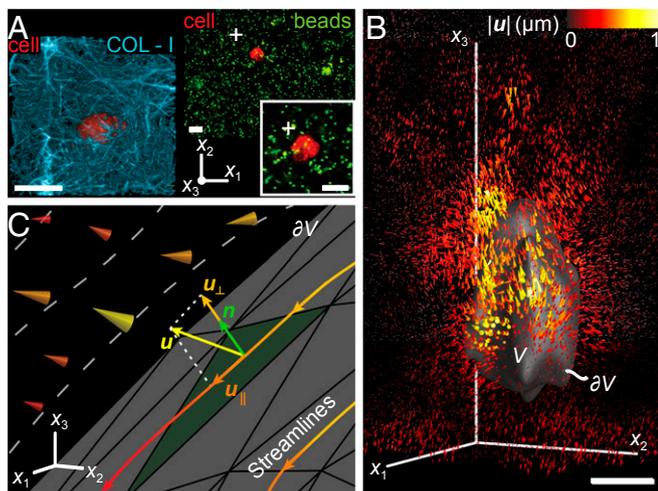
where  $\text{tr}(\langle \mathbf{R} \rangle)$  is the trace of the mean rotation tensor  $\langle \mathbf{R} \rangle$ . The cumulative rotation  $\langle \Theta \rangle$  is then defined as the time-integral of mean rotation, or

$$\langle \Theta \rangle = \int_0^t |\langle \theta(\tau) \rangle| d\tau. \quad [9]$$

## Results and Discussion

**Validation.** Validation of the MDM was performed using four canonical mechanics examples of well-known analytical forms (Fig. 1 A–D): simple stretch (case A; Fig. 1A), axial rotation (case B; Fig. 1B), simple shear (case C; Fig. 1C), and the Eshelby inclusion solution (case D; Fig. 1D). The Eshelby inclusion problem is a convenient analytical comparison with cells embedded in a 3D matrix. The problem considers an infinite, isotropic, linear-elastic extracellular matrix with Poisson's ratio  $\nu$  and Young's Modulus  $E$ . The matrix is initially stress-free, with all displacement and strain values initially at zero. A single spherical cell, or inclusion, in the matrix then undergoes a transformation strain (or eigenstrain)  $\epsilon_T$ , which is resisted by the matrix outside the region. Because the sphere is embedded in the material, strain  $\epsilon_M$  and displacement  $\mathbf{u}$  fields are induced in the matrix. The final strain field in the inclusion is given by the sum of the transformation and matrix strain,  $\epsilon_C$  (Fig. 1 E–H). The strain field  $\epsilon_C$  inside and on the surface of the inclusion is constant, whereas the displacement is found by taking the dot product of  $\epsilon_C$  with the position vector  $\mathbf{x}$ . The displacement field outside the inclusion  $\mathbf{u}$  has a closed-form solution given by (32–34) and is a function only of the inclusion radius (32 voxels), transformation strain  $\epsilon_T$ , spatial position  $\mathbf{x}$ , and Poisson's ratio (chosen as  $\nu = 0.2$ ). For each case, the mean deformation gradient tensor,  $\langle \mathbf{F} \rangle$  was calculated from the analytical displacement field and surface normals using Eqs. 6 and 7. The test surface for the deformation was a sphere, meshed using recursive subdivision





**Fig. 2.** Cell-induced hydrogel deformations and calculation of surface displacements. (A, *Left*) Volume rendering of a Dil-stained neutrophil (red) embedded in a fibrillar type I collagen matrix (cyan) imaged with reflectance confocal microscopy. (A, *Right*) Confocal micrograph of a neutrophil (red) migrating in a 3D collagen matrix containing randomly distributed 0.5- $\mu\text{m}$  fluorescent microspheres (green) used to measure cell-induced displacement fields. (Scale bar, 10  $\mu\text{m}$ .) (B) Vector cone plot of the induced 3D displacement field measured by FIDVC surrounding a chemotactic neutrophil (gray) with volume  $V$  and surface  $\partial V$ . (Scale bar, 5  $\mu\text{m}$ .) (C) Schematic outlining the interpolation of the 3D displacement field to  $\partial V$  to produce the surface displacements  $\mathbf{u}$ . The surface normal  $\mathbf{n}$  (green) is used to calculate the corresponding normal  $\mathbf{u}_\perp$  and tangential  $\mathbf{u}_\parallel$  component of  $\mathbf{u}$  with respect to the cell.

All of the biomechanical metrics in the MDM approach are defined solely using the displacement data from the cell–matrix boundary and the geometry of the cell–matrix boundary, which allows the approach to maintain an inherently low measurement noise floor that is significantly smaller than current state-of-the-art cell–matrix quantification methodologies (15, 17, 18, 37).

We determined  $\langle \mathbf{F} \rangle$  from Eq. 7 for naïve (N) and lipopolysaccharide (LPS)-treated (L) neutrophils undergoing either chemokinesis (K) or chemotaxis (T). The mean compressibility  $\langle J \rangle$  for the different phenotypes is shown in Fig. 3A. Principal directions in which the cell stretches/contracts are given by the eigenvectors  $\langle \mathbf{N}_i \rangle$  of  $\langle \mathbf{U} \rangle$ , whereas cell contractility in these directions is given by the eigenvalues of  $\langle \mathbf{U} \rangle$ ,  $\langle \lambda_i \rangle$ , where  $i = 1, 2, 3$ . The mean contractilities  $\langle \lambda_i \rangle$  are plotted for the different neutrophil phenotypes in Fig. 3B. Examination of the contractility in conjunction with the cell compressibility reveals that neutrophils behave isochorically, contracting along two of the principal directions  $\langle \mathbf{N}_1 \rangle$  and  $\langle \mathbf{N}_2 \rangle$  while extending along the third axis  $\langle \mathbf{N}_3 \rangle$  (Fig. 3B and Fig. S2J). Such behavior is indicative of a contractile, integrin-dependent mode of motility as opposed to a pushing, or integrin-independent mechanism (38). These observations are consistent with recent findings showing that integrins continue to play a significant regulatory role for traction generation and motility under confinement in the presence of ligands (39). Using the simple MDM, we detect statistically significant differences between naïve and LPS-activated human neutrophils. LPS-activated neutrophils demonstrate a significant increase in overall contractility (Fig. 3B and Fig. S2G) and a trend toward a greater capacity to undergo changes in volume (Fig. 3A).

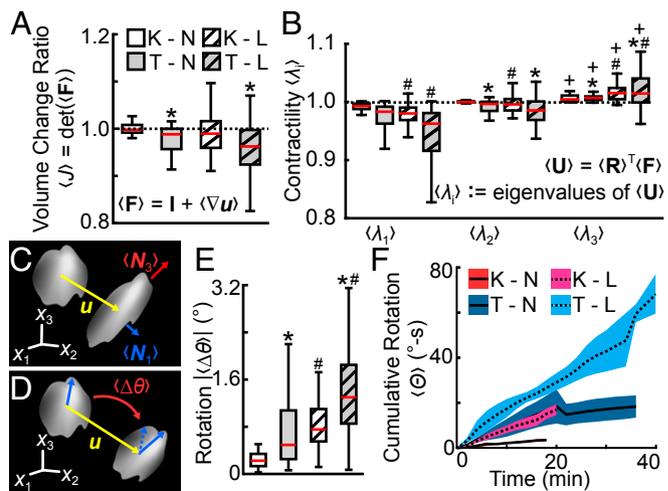
The mean rotation  $\langle \theta \rangle$  of the different types of cells is shown in Fig. 3E and F. The figure shows, for the first time to our knowledge, that neutrophils in the presence of LPS undergo significant rotatory motion, as quantified by a marked increase in the average rotation angle (Fig. 3E) and cumulative rotation (Fig. 3F). We find statistically significant increases across all evaluated

biomechanical metrics (Fig. 3A–F) for both chemokinesis (K) and chemotaxis (T).

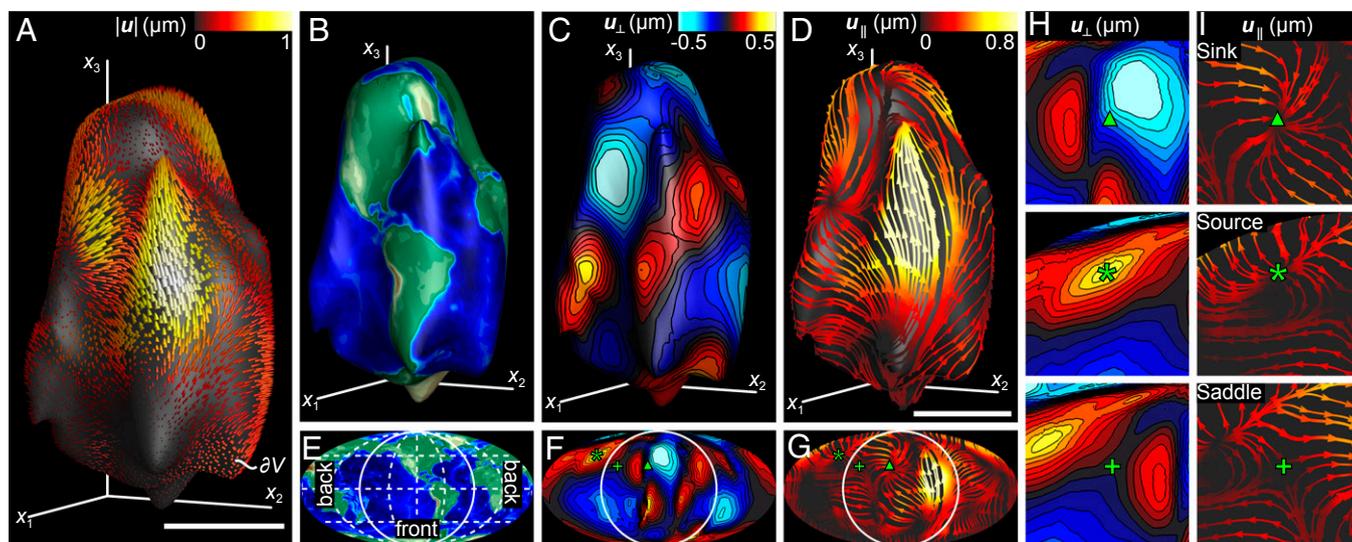
The capability to deduce cell mean compressibility, directional cell contractility, and cell rotations from displacement information is an important feature of the MDM approach. The information contained in these mean metrics is challenging to capture by current TFM methodologies or 3D image reconstruction algorithms.

**Resolving Local Displacements Around Neutrophils with Submicron Resolution Using FIDVC.** Full-field vector maps of displacement fields obtained from FIDVC calculations during neutrophil migration through collagen show complex distributions (Fig. 2B and Movie S1). Areas of large displacement (yellow) occur in close proximity to the cell surface  $\partial V$  (gray) and quickly decay in the far-field. To clearly interpret surface localization of the displacement field, we interpolate  $\mathbf{u}$  onto a discretized triangular mesh structure of the cell surface with normal,  $\mathbf{n}$  (Fig. 4A), and decouple the surface normal  $\mathbf{u}_\perp$  and tangential  $\mathbf{u}_\parallel$  components (Fig. 4C and D). Tangential displacements are represented with streamlines to assist in visualizing deformation patterns. The canonical inclusion problem by Eshelby (33) was used as quantitative validation of the full-field displacement interpolation procedure, matching the analytical solution to within  $10^{-3}$  percent error (Fig. 1 and Fig. S3).

The surface displacement field (Fig. 4A) varies spatially across the entire surface of the cell and is visually viewpoint-dependent,



**Fig. 3.** MDM for neutrophils calculated from the mean deformation gradient tensor  $\langle \mathbf{F} \rangle$ . (A) Boxplot of the mean volume change ratio  $\langle J \rangle$  of the cell (dotted line, constant volume), defined as the determinant of  $\langle \mathbf{F} \rangle$  for all time points of the tested conditions: K – N, chemokinesis and naïve (solid white;  $n = 30$ ); T – N, chemotaxis and naïve (solid gray;  $n = 48$ ); K – L, chemokinesis and LPS-activated (hatched white;  $n = 44$ ); and T – L, chemotaxis and LPS-activated (hatched gray;  $n = 57$ ). Red lines indicate medians; upper and lower boxes indicate upper and lower quartiles; whiskers indicate maximum and minimum values. (B) Boxplot of the three mean contractility values  $\langle \lambda_i \rangle$  calculated from the right Cauchy–Green stretch tensor  $\langle \mathbf{U} \rangle$ . Values of  $\langle \lambda_i \rangle$  below 1 signify mean contraction, whereas values of  $\langle \lambda_i \rangle$  above 1 are mean expansion of the cell along the associated principal axis. (C) Schematic illustrating minimum  $\langle \lambda_1 \rangle$  and maximum  $\langle \lambda_3 \rangle$  principal stretches exerted by the cell with corresponding eigenvectors  $\langle \mathbf{N}_1 \rangle$  and  $\langle \mathbf{N}_3 \rangle$ . (D and E) Schematic illustrating mean cell rotation angle  $\langle \theta \rangle$  (D) and corresponding boxplot for all time points and conditions (E). (F) Integrated  $\langle \theta \rangle$  for each cell over its migration time  $t$  for all tested conditions: K – N (solid red;  $n = 4$  cells); T – N (solid blue;  $n = 3$  cells); K – L (dashed magenta;  $n = 5$  cells); and T – L (dashed cyan;  $n = 3$  cells). The middle line indicates the mean; the shaded area indicates the SD of integrals evaluated at the specified time point.  $P < 0.05$  by Mann–Whitney  $U$  test across corresponding chemokinesis and chemotaxis groups (\*), naïve and LPS-activated groups (#), and across  $\langle \lambda_i \rangle$  (+) in B.



**Fig. 4.** Measurement of 3D surface displacements exerted by a chemotactic neutrophil and its associated homolographic 2D projections. (A) Vector cone plot of the 3D displacement field interpolated onto the surface  $\partial V$  (gray) of the neutrophil, color-coded by magnitude  $|u|$ . (B) Elevation data of the Earth projected onto  $\partial V$  to illustrate the spatial position of surface data. (C) Contour plot of the normal component of  $u$  ( $u_{\perp}$ ) with respect to  $\partial V$ , color-coded by direction and magnitude (red is outward and blue is inward normal surface displacement). (D) Streamline plot of the tangential displacement component  $u_{\parallel}$  along  $\partial V$ , color-coded by magnitude with arrowheads pointing along the vector field. (Scale bar, 5  $\mu\text{m}$ .) (E) Mollweide mapping of the spherical projection of Earth's elevation data in B to allow for user-friendly visualization of all 3D data onto a plane. Dashed grid lines represent spacing of 45° along latitude and longitude lines. Data interior to the solid white circle are located on the front hemisphere ( $x_1 >$  cell centroid on  $\partial V$ ), whereas data outside lie on the back hemisphere ( $x_1 <$  cell centroid on  $\partial V$ ) of the cell. (F and G) Mapped contour plot of  $u_{\perp}$  in C and streamline plot of  $u_{\parallel}$  in D using the Mollweide projection in E. (H and I) Magnified view of F and G highlighting sink-like (green triangle) (Top), source-like (green star) (Middle), and saddle-like (green plus symbol) (Bottom) features of  $u_{\parallel}$  and  $u_{\perp}$ .

complicating feature analysis for the viewer. To address this issue, we use the homolographic Mollweide mapping technique to cast 3D surface data into viewpoint-independent 2D contour plots (Fig. 4 E–G). For illustration, the Earth's topological data (Fig. 4B) is mapped from a spherical projection of the neutrophil surface into a familiar 2D globe map (Fig. 4E). We apply the same Mollweide mapping to the decoupled surface normal and tangential displacements (Fig. 4 C and D and Movie S2) on the neutrophil surface to visualize the complex local out-of-plane and in-plane deformations in convenient 2D contour maps (Fig. 4 F and G). Detailed examination of specific regions along the cell surface reveal previously undocumented deformation structures reminiscent of sink, source, and saddle point flow structures (Fig. 4 H and I) commonly found in moving fluids. To our knowledge, these are the first observations of such well-defined deformation structures within the cell-generated displacement fields of a moving leukocyte.

## Conclusion

We present a new approach for quantifying cell–matrix interactions in mechanically complex microenvironments, such as 3D collagen gels, based purely on kinematic measurements. Similar to traditional TFM, we establish a set of new mean kinematic metrics to describe significant phenotypical differences between naïve and LPS-activated human neutrophils. Because our technique does not require any knowledge of the mechanical properties of the surrounding matrix, it can be applied to virtually any complex tissue including fibrous networks, multilayer scaffolds, and any transparent living tissue. Applications include investigations in which cells actively remodel the matrix during the time window of observation.

The main limitation of the MDM approach, owing to its kinematic nature, is the inability to discern matrix stiffness effects which can only be calculated when the mechanical properties of the matrix are known. In cases where the mechanical properties are known, the FIDVC-derived displacement data can either be quantified using the

presented MDM approach or be directly converted to traction data using, for example, our 3D viscoelastic TFM algorithm (see the MDM–TFM comparison chart; Fig. S5) (24).

In parallel to the MDM approach, we resolved spatially varying deformation features across cells about one order of magnitude smaller than what had been shown possible previously. By using 3D surface and cartographic projection methods, we were able to reveal previously unknown 3D cell–matrix displacement patterns, such as source- and sink-type patterns. It is known that any continuous field defined on a 2-sphere will show features that are similar to the source and sink patterns that we observed on the neutrophil cell surfaces. However, we believe that the number of source and sink patterns and their relative spatial arrangement could contain biologically significant information, such as information about the cell's motility and adhesion mechanisms.

## Materials and Methods

**Three-Dimensional Collagen Gel Preparation for Neutrophil Chemotaxis.** Neutrophils were isolated from healthy human volunteers using previously established protocols (39). Institutional review board approval was obtained from the Rhode Island Hospital's Committee on Protection of Human Subjects to allow donation of venous blood. Informed consent was obtained in accordance with the Declaration of Helsinki. Neutrophil chemotaxis was induced via a custom-built three-well planar chemokine diffusion system (Fig. S1); 3D collagen (type I, rat tail; BD Biosciences) matrices were prepared at a 2.2 mg/mL concentration with the addition of 6% (wt/vol) of 0.5- $\mu\text{m}$  yellow-green carboxylate-modified microspheres (Life Technologies). Vybrant Dil-stained (Life Technologies) cells were suspended in Leibovitz's L-15 (phenol-free; Life Technologies) medium with 2 mg/mL glucose added for a final concentration of  $10^6$  cells/mL and then added to the collagen matrix solution.

**Chemotaxis, Chemokinesis, and LPS Activation.** For naïve neutrophil chemotaxis experiments, both wells contained Leibovitz's L-15 with 2 mg/mL glucose. The left well also contained 100  $\mu\text{L}$  of the chemoattractant, Formyl-Met-Leu-Phe (fMLF) (Sigma-Aldrich), for a final concentration of 1  $\mu\text{M}$  (Fig. S1A). LPS activation was initiated through the addition of 100 ng/mL ultrapure LPS (LPS-EB; InvivoGen). Live-cell imaging took place 5 min after the introduction of either

chemokine or chemokine plus activation solution for each respective experiment. Chemokinesis experiments were performed by adding 1  $\mu\text{M}$  fMLF to both wells in addition to adding 1  $\mu\text{M}$  fMLF into the collagen mixture recipe before polymerization to establish a uniform chemokine concentration profile across the sample before imaging.

**Microscopy and Live-Cell Imaging.** Three-dimensional image stacks were acquired using a Nikon A-1 confocal system mounted on a Ti-Eclipse inverted optical microscope controlled by NIS-Elements Nikon Software. A Plan Fluor 40 $\times$  air objective (NA = 0.6; Nikon) mounted on a piezo objective positioner was used for all cell experiments, which allowed imaging speeds of 30 frames per second using a resonant scanner. Yellow-green fluorescent microspheres (0.5  $\mu\text{m}$ ; Life Technologies) were dispersed throughout the collagen matrix and excited with an Argon (488 nm) laser. Dil-stained cells were excited with a red HeNe diode (561 nm) laser. Confocal image stacks of  $512 \times 512 \times 128$  voxels ( $108 \times 108 \times 38 \mu\text{m}^3$ ) were recorded every 2–3 min with a z-step of 0.30  $\mu\text{m}$ . To ensure physiological imaging conditions within the imaging chamber, temperature was controlled at 37  $^\circ\text{C}$  as previously described (17, 39). For reflectance microscopy, an APO 40 $\times$  water immersion objective (NA = 1.15; Nikon) with z-step = 0.25  $\mu\text{m}$  was used to obtain typical imaging volumes of  $167 \times 167 \times 81$  voxels ( $52 \times 52 \times 20 \mu\text{m}^3$ ).

**Measurement of Cell-Induced Displacements.** Cell-induced full-field displacements were measured using the method described by Toyjanova et al. (17); 3D time-lapse images of fluorescent beads embedded in the collagen matrix

were captured using laser-scanning confocal microscopy (LSCM). The incremental motion, or displacements, of the fluorescent beads was tracked between time points using our previously developed FIDVC algorithm (30).

**Calculating Discretized Cell Surfaces.** The 3D cellular surface boundary was determined from volumetric images of the fluorescently labeled cell membrane. A median filter with a  $5 \times 5 \times 5$  window was applied to the raw volumetric image to reduce noise. Following a contrast adjustment where 1% of intensity values get saturated, a binary image was generated by setting all intensity values less than 50% of the maximum intensity of the image to 0 (black) and all others to 1 (white). The final binary mask of the cell was generated by removing all but the largest connected component. The triangular surface mesh of the binary mask was computed using the marching cubes algorithm (40) and then smoothed using the algorithm developed by Taubin (41).

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